

Shao Zhao Ming – Martial Arts-Work Resume



Influenced by his family, Ming began Chinese Martial Arts at the early age of five. He had begun training with his grandfather who was a Shaolin Kung Fu master, and father who was a professional Chinese wrestler (Chinese Shui Jiao).

By the age of six he was selected by China's renowned Martial Arts Grandmaster Zhang Tong. At age nine, Ming was selected to join the professional Shaanxi Wushu team under Grand Master Ma Xianda. At the age of fifteen, he starred in a martial arts movie "Incredible Kids From Shaolin" ("Shaolin Tong Zi Kung' in Chinese name) a Hong Kong production.

Dedication to his studies and training has resulted in his attainment of 'Wu Ying' (meaning Martial Hero) a highly respected award amongst Kung Fu-Wushu practitioners. He was back to back champion in the 1989 and 1990 Chinese National Open, and went on to become a senior coach at the prestigious Beijing Sports University.

Ming was invited to perform in two events for the Opening Ceremony at the Asian Olympic Games in 1990 in Beijing. He currently holds 7th Dan for Tai Chi and Kung Fu-Wushu, and is a Guest Professor at the Xian University of Physical Education.

He is an international Grade-A Judge, and is committed to contributing to the development of Kung Fu-Wushu and Tai Chi in Australia. He has trained numerous students to become champions in China and internationally.

Chinese martial arts and medicine are closely related, and has achieved a Masters Degree in Traditional Chinese Medicine-Acupuncture. His earlier work, a book titled "The Study of Treatment for Musculoskeletal Trauma" is used as a text-book and subject at Beijing Sports University. Ming is passionate about TCM and this drives him to continuously study and develop his skills in this area. He currently practices in his clinic in Melbourne.

More recently, Ming was commissioned by international publisher Hinkler Books, to write and produce the book and DVD "The Power of Tai Chi". Released in 2009, the publication has already helped to introduce Tai Chi to thousands of new beginners, and set them on the unique journey of health and wellbeing which Tai Chi offers.