



2026 Oceania International Invitational Wushu Kung Fu Championships Certificate of Fitness & Serological Clearance

NOTE: All pages must be read in full, and all required information in **Part A** and **Part B** must be completed for any person to participate in the 2026 Oceania International Invitational Wushu Kungfu Championships.

All combatants must provide a **current Certificate of Fitness** and a **Serological Certificate** to Kungfu Wushu Australia before registration.

PART A - CERTIFICATE OF FITNESS

The medical examination aims to identify individuals at increased risk due to pre-existing medical conditions or anatomical abnormalities. It does **not** prevent injuries that may occur during competition.

Combatants must also provide a Serological Clearance Certificate for participation in the Sanda event. Additionally, all combatants will be examined by a medical practitioner before and after every contest, and at any time as directed by Kungfu Wushu Australia. These examinations support the health and safety of participants.

Combatants should generally be in good health. Concerns such as excessive weight loss or obesity should be evaluated carefully but do not automatically prevent participation.

When conducting the examination, the medical practitioner should assess for conditions that may:

Reduce the ability to defend oneself, including:

- Loss of sensation (e.g., impaired vision or hearing)
- Slow or uncoordinated movement (e.g., cerebral palsy)
- Muscular or joint disease
- Balance or coordination disorders
- Easy fatigability (e.g., cardiac or renal disease)
- Chronic or periodic respiratory disease (e.g., asthma)

Increase the risk of injury, including:

- Bleeding disorders (e.g., haemophilia)
- History of multiple fractures
- Enlarged organs (e.g., liver, spleen)
- Undescended testes
- Loss or abnormality of paired organs
- Poorly controlled diseases (e.g., hypertension, diabetes)
- Conditions with poor healing or joint instability (e.g., collagen disorders)



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- Neurological symptoms (e.g., persistent headaches)
- Previous injuries with incomplete recovery

Medical practitioners should undertake any examinations or tests they consider necessary to support their clinical judgment. Kungfu Wushu Australia does **not** require examination details or test results; confidentiality remains between practitioner and combatant. Only the completed **Certificate of Fitness** is required.



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Certificate of Fitness

I, _____ [Name], a registered medical practitioner,

Medical Registration Number: _____,

of _____ [Address],

have examined _____ [Combatant Name], identified using:

• Driver's License No: _____ ; Or

• Passport No: _____ (Country: _____)

Based on the examination conducted on _____ / _____ / _____, I am of the

opinion that the above-named combatant IS FIT to compete in combat sports.

Signature: _____ Date: _____ / _____ / _____



PART B - SEROLOGICAL CLEARANCE

A serological clearance certifies that the combatant has undergone the required screening tests and is not capable of transmitting the following regulated infectious diseases:

- HIV
- Hepatitis B
- Hepatitis C

Required tests:

- HIV Ag/Ab (combined antigen–antibody)
- Hepatitis B surface antigen (HBsAg)
- Hepatitis C antibody (HCV Ab)

INFORMATION FOR THE MEDICAL PRACTITIONER

Serological Clearance for Combatants

This information is provided for medical practitioners and pathology service providers.

All combatants wishing to compete in Kungfu Wushu Australia events must provide a **Serological Clearance Certificate**.

A Serological Clearance is a certificate issued by a registered medical practitioner or pathology service provider confirming that:

- (a) The practitioner is of the opinion that the individual is *not capable of transmitting* any regulated medical condition or disease.
- (b) This opinion is based on the results of blood tests or equivalent tests conducted on the date specified in the certificate.

The regulated diseases are:

- HIV
- Hepatitis B
- Hepatitis C

To complete the Serology Certificate, the following screening tests must be conducted:

- HIV combined antigen–antibody (HIV Ag/Ab)
- Hepatitis B surface antigen (HBsAg)
- Hepatitis C antibody (HCV Ab)



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Serology Certificate Requirements

- The certificate must include the *date of testing*.
- It may only be completed if, based on the results of the required tests, the practitioner concludes that the individual is *not capable of transmitting* any regulated disease.
- Kungfu Wushu Australia *does not require pathology results*, only the completed certificate.
- A Serological Clearance form is provided below for use.

If any screening test is positive, and the practitioner is of the opinion that the individual *may be capable of transmitting* a regulated disease, the *Serology Certificate* **must not** be issued.



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Serological Clearance Certificate

I, _____ [Medical Practitioner/Pathology Provider], Medical

Registration Number: _____ of

_____ [Address],

confirm that _____ [Combatant Name], identified using:

- Driver's License No: _____ ; Or
- Passport No: _____ (Country: _____)
- Other (specify): _____

has undergone blood or equivalent tests on _____ / _____ / _____.

Based on these results, I am of the opinion that the individual is NOT capable of transmitting any regulated infectious disease and is cleared to compete.

Signature: _____ Date: _____ / _____ / _____